

A London clinic is offering a tailor-made detox. **Imogen O'Rourke** tries it. **Molra Petty** meets the founder

How to take your body to the cleaners

Could you use to be in a detoxing clinic? It's not just a fancy name for a spa treatment, it's a serious health strategy. The detoxing clinic is a place where you can get your body cleaned out of toxins, and it's a place where you can get your body cleaned out of toxins. The detoxing clinic is a place where you can get your body cleaned out of toxins, and it's a place where you can get your body cleaned out of toxins.

... (Detailed text about detoxification, its benefits, and the process of a detoxing clinic. It discusses how the body naturally detoxifies and how a clinic can assist in this process, particularly for those with chronic health issues.)

... (Continuation of the detoxification article, focusing on the specific treatments offered at the clinic, such as fasting and the use of natural substances like herbs and oils.)



Imogen O'Rourke surveys the ingredients of her fast and vegetable juice, which forms part of the diet for the five-day detox.

... (Text describing Imogen O'Rourke's experience with the detox and her observations on the food and the process.)

... (Text discussing the benefits of the detox and the founder's perspective on health and nutrition.)

... (Text providing more details about the detoxing clinic and its services.)

... (Text continuing the founder's story or providing additional information about the clinic.)

... (Text discussing the founder's philosophy on health and the role of nutrition.)

... (Text providing contact information or further details about the detoxing clinic.)

'Most people don't know what good health is like'

Kim Campbell is a 60-year-old woman who has lived a life of health and vitality. She is a former model and has been a health advocate for many years. She has a deep understanding of what good health is like and how to achieve it. She has a wealth of experience and knowledge to share with others.



Kim Campbell: health like to enjoy

... (Text of the interview with Kim Campbell, discussing her journey to good health and her views on diet, exercise, and overall well-being.)

... (Continuation of the interview with Kim Campbell.)

... (Continuation of the interview with Kim Campbell, focusing on her advice for others.)

... (Text discussing the importance of health and the role of a health advocate.)

... (Text providing more context or related information.)